

FROM THE

FOUNDER'S DESK

AUGUST REFLECTION





The Saturday That Stayed With Us

OUR MONTHLY HUDDLE | OCTOBER 2026

Some gatherings leave you with photographs. Some leave you with feelings you struggle to put into words. And then there are gatherings that remind you why you started in the first place.

Our recent Book A Treat huddle was one such beautiful afternoon—filled with heartfelt conversations, meaningful reflections, laughter and a sense of belonging that is difficult to describe.

WHITE NIGHTS — MORE THAN JUST A LOVE STORY



Our discussion around White Nights opened up some wonderfully honest conversations about love, companionship, acceptance, sacrifice, growth, emotional security and love languages.

As each member shared what they seek in a relationship, we discovered how differently we experience and define love.

One thought that stayed with us was:

Sometimes, we don't just fall for a person; we fall for who we become when we are with that person.

And isn't that what meaningful relationships are about? Finding someone with whom we feel seen, accepted and free to be ourselves.

MAKE YOUR BED — THE POWER OF LITTLE THINGS



Our second read, Make Your Bed, brought us back to a simple yet powerful lesson: small actions, done consistently, can create momentum and make a meaningful difference in our lives.

Sometimes, we don't need a grand beginning. We simply need one small step, taken with intention, to remind ourselves that we can make progress.

THE PEOPLE WHO MADE IT SPECIAL

A heartfelt thank you to our wonderful Captain, **Sonal di,** for curating such thoughtful activities and discussion prompts that brought the essence of both books alive. The gratitude cards reminded us to acknowledge the people who make our lives beautiful, while the little magnets felt like special messages from the universe. Thank you for filling the afternoon with so much thoughtfulness and love!

A special mention to **Dolly Aunty**, whose beautiful gesture of paying homage to master storyteller Jeffrey Archer added another lovely dimension to the gathering. Thank you, Aunty, for the wonderful books and for sharing your love for stories with us.









A NOTE FROM THE FOUNDER

There is something truly special about watching members open their hearts, share perspectives, laugh freely and leave with lighter hearts.

I started Book A Treat with a love for books, but seeing it grow into a space of belonging, support and genuine connection is a gift beyond words.
To every member who brings warmth, honesty and an open heart to our huddles—thank you. You make this community feel less like a book club and more like a family.
We come together because of books, but we stay for the connections we build and the memories we create.
And that, to me, is the real magic of Book A Treat.

